



# *At Home Learning Resources*

## **PreKindergarten - Week 5**

**LOWELL PUBLIC SCHOOLS**

### Grab and Go Meals

*Available for Lowell Public Schools Students  
on Weekdays While School is Closed*

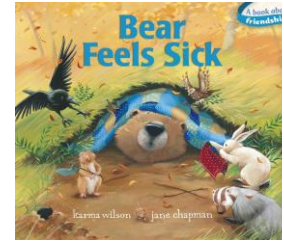
Butler (12:45 - 1:30pm) 1140 Gorham St.	Murkland (12:45 - 1:15pm) 350 Adams St.
Greenhalge (10:30 - 11:15am) 149 Ennell St.	Pawtucketville (12 - 12:30pm) 425 West Meadow Rd.
Lincoln (1:30 - 2pm) 300 Chelmsford St.	Robinson (11:30 - 11:45am) 110 June St.
Moody (12 - 12:30pm) 158 Rogers St.	STEM Academy (10:30am - 1pm) 43 Highland St. <i>Meal service at South St. entrance</i>
<b>NEW:</b> Morey (12 - 12:30pm) 130 Pine St.	<b>NEW:</b> Stoklosa (11 - 11:30am) 560 Broadway St.
<b>NEW:</b> Westminster Village Apartments (12:45 - 1:15pm) 1307 Pawtucket Blvd.	

When you pick up that day's lunch, you can also pick up breakfast for the next morning.

These are activities for children and their families to promote early learning at home.

# Bear Feels Sick by Karma Wilson and Jane Chapman

A book about friendship with beautiful illustrations and a rhyming text.



English: <https://youtu.be/yI4I-OhPIPM>

Spanish <https://youtu.be/jb-ABPPbG8A>

**Resource for Parents:** Why first years are so important? <https://www.vroom.org/science>

**Fine Motor: Making Paper Germs:** Have child paint or color one or two pieces of paper. Let child cut the paper into different shapes to represent germs. If child is just learning to cut, this may require some assistance from an adult. Help child to hold scissors with thumb side facing up. If using scissors, is to frustrating encourage child to snip the edge of a piece of paper to master holding paper and opening and closing scissors. If scissors are too hard, let child tear paper strips to make germ. Germs are all different shapes, so it does not matter what they look like. They can make shape look as silly as they want. Great activity to practice cutting skills. See Template- Page 7

**Make your own stuffed bear:** Draw or print 2 copies of the bear (page 5). Have your child add a face and decorate the bear. Using old magazines or newspapers have your child tear paper into small pieces. Staple or tape the bear around the edges making sure to leave an opening to stuff it with the newspaper. Once stuffed, finish sealing the bear.

\*\*If you have a hole punch, you could punch holes around the edge of the bear and use a piece of yarn, ribbon or shoelace for lacing. You will have to model how to weave the string in and out of the holes. Wrapping the tip of the string in tape makes a point thus making it easier to go in and out of the holes.

**Gross Motor:** Spread the Germs on the floor. Tell children they need to stomp out germs. Give instructions. Run and jump 3 times on the red germ. Now hop to the blue germ-stomp 8 times continue making up your directions to “stomp” out germs.

**Dramatic Play: Bear Cave:** Make a bear cave and read a book together. Take a large blanket and drape it over chairs. Add pillows and books. Explore and go on a make believe journey. Take turns adding to the adventure.

**Retell Story:** Act out the Story of Bear Feel Sick using stuffed animals

**Pretend** your dolls/stuffed animals are sick and you need to take care of them. **Parents:** Ask your child questions to like “How are you going to take care of the sick animals?” Ask your child to explain what part of the animal’s bodies hurts - Head, stomach, throat etc. Then encourage child to give medicine, sing/read to them, take their temperature, give them soup etc.

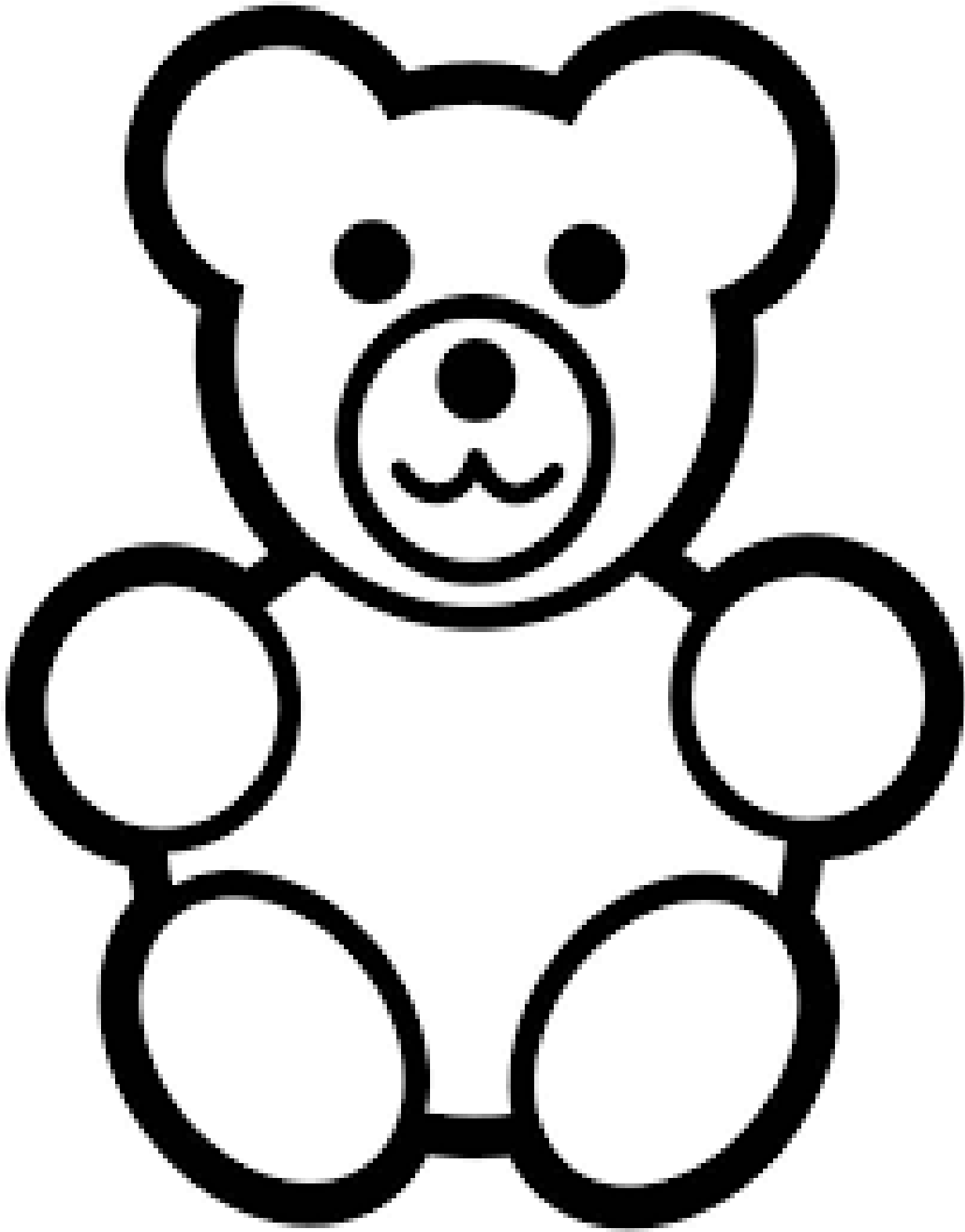
**Math/Literacy:**

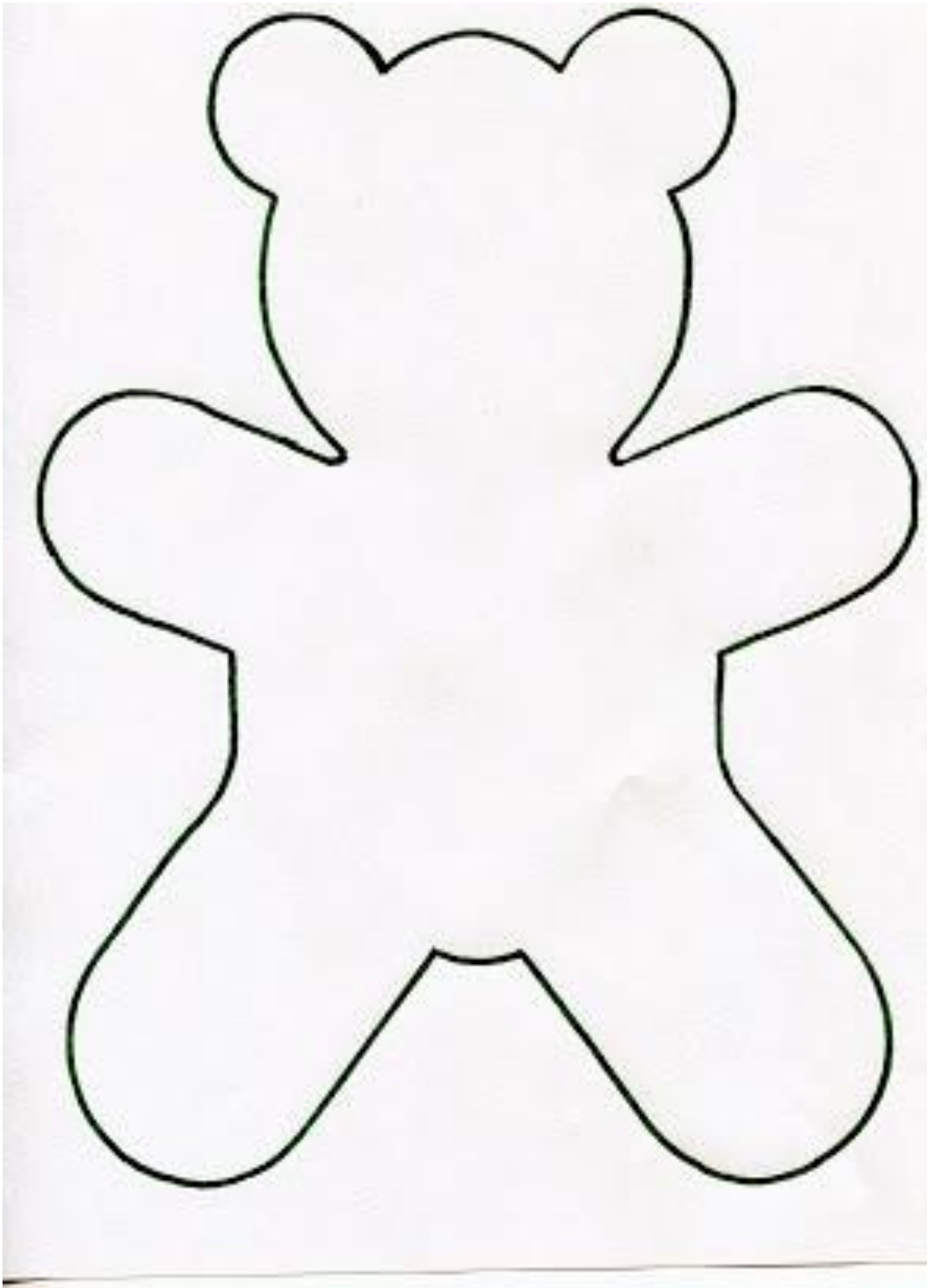
Using the template from Page 4, printout the teddy bear. Write on the bear, either letters, numbers, colored dots shapes etc. Then give your child Band Aids (see Template page 5) with the same shape/color/number or letter on it. If you cannot print, you can make bandages out of paper. Have your child identify the specific shape/color/letter/number and place the matching bandages over the “boo boo “on the bear. \*\*If you have colored dot stickers, you could give your child stickers to place on the colored dots you “drew” on the bear.

Science Pepper and Soap Experiment. Materials: Pepper, plate or bowl, water, dish soap.  
Instructions:

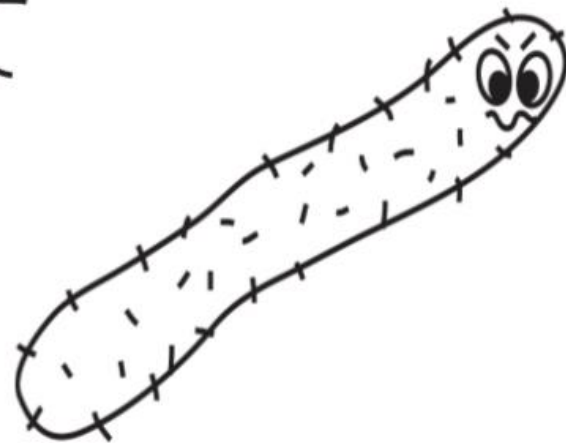
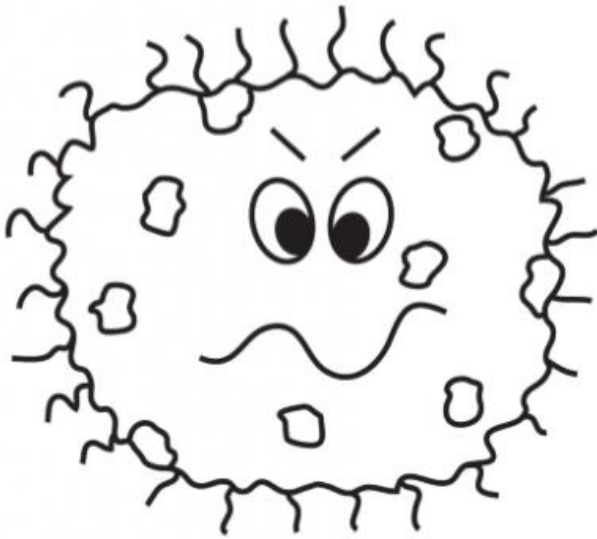
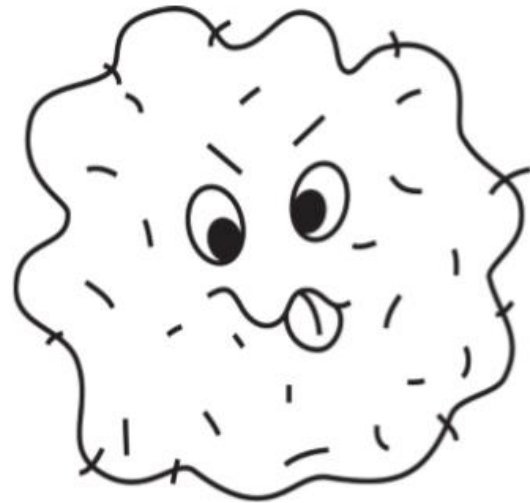
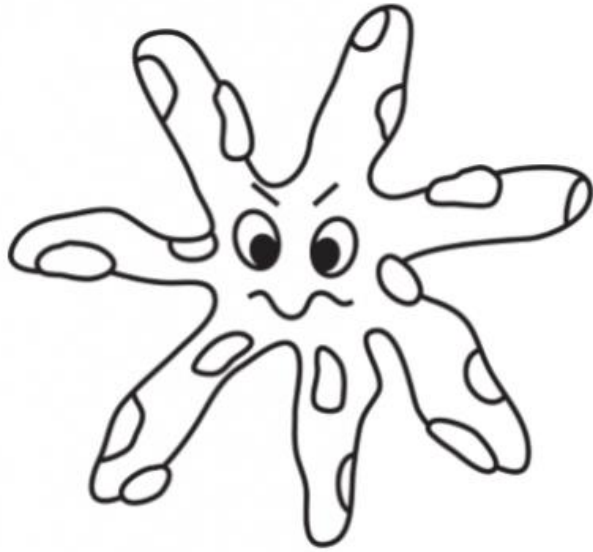
1. Pour some water onto plate or bowl. Cover a large part of the plate. Coloring water is optional, but making seeing action easier.
2. Sprinkle some pepper onto the surface of the water.
3. Dip your finger in the dish soap.
4. Place your finger in the center of the plate in the water.
5. Watch as the pepper quickly scatters to the edge of the plate.







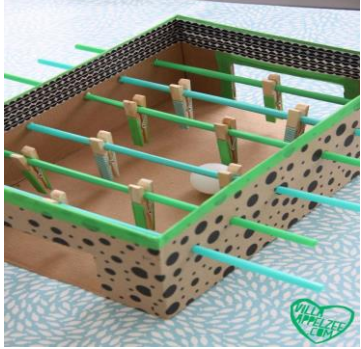




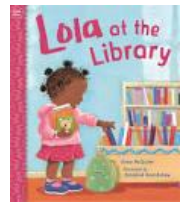
Micro-organisms are tiny germs that cannot be seen with our eye.

They are also known as viruses, bacteria and some fungi.

For more educational printables visit [crystalandcomp.com](http://crystalandcomp.com).

<p>Eye- hand coordination</p>	 <p>DIY RING TOSS</p> <p>Project: Recycle &amp; Create</p> <p>Cardboard ROLLS</p>	 <p>TARGET GOLF</p>	 <p>WILL APPRECIATE YOU</p>
<p>Fine Motor</p>	 <p>Cupcake and chop sticks motor math</p>		
<p>Dramatic Play – Building oral language and Thinking skills</p>			 <p>Jade's fun box house!</p>





## Lola at the Library by Anna McQuinn and Rosalind Beardshaw

Read Aloud:

English: <https://youtu.be/SHggjao8vPk>

Spanish: [https://youtu.be/nwD5O8H\\_NwI](https://youtu.be/nwD5O8H_NwI)

Khmer: <https://youtu.be/HGKpKUzsFEs>

Pashto

### Home Learning Activities

**Language and Literacy:** Create a book with your child! Fold plain paper in half to create a book. Help your child color a “title page” (the front of the book). Pick a title for the book and add your child’s name as the author. Help your child create a story for their book. It can be a story about an activity they have done recently or a story about one of their favorite people or toys. Your child can draw a picture at the top of each page and you can write or help them write the story below the picture. They will write by scribbling, trying to sound out words and write letters, or have you write words using dictation. To a young child scribbling, strings of letters, or letters representing how words sound is writing. After your child writes, ask him or her to tell you what they wrote and point to their writing as they read it back to you. You do not need to worry if it not perfect children writing helps children learn to read. Recognize and praise your child’s efforts for where they are in the learning process. Here is a link to one Sterling story of The Three Little Pigs for inspiration: [https://youtu.be/VSdu3Vb\\_3cY](https://youtu.be/VSdu3Vb_3cY)

**Engage in imaginative play!** Pretend you are at playgroup or school! Use a sheet or towel as a parachute or carpet square for **sitting in a circle** with stuffed animals or siblings. Have your child pretend to be the leader. Sing “Good Morning” song! Sing favorite familiar songs from playgroup/school like, “Wheels on the Bus” or “Itsy Bitsy Spider.” Let your child draw pictures of his/her favorite songs to sing. Your child can read the book they made or one from your playgroup/school friends. Create a video-clip of your child reading and singing and send to someone they love or the Early Childhood Department for posting.

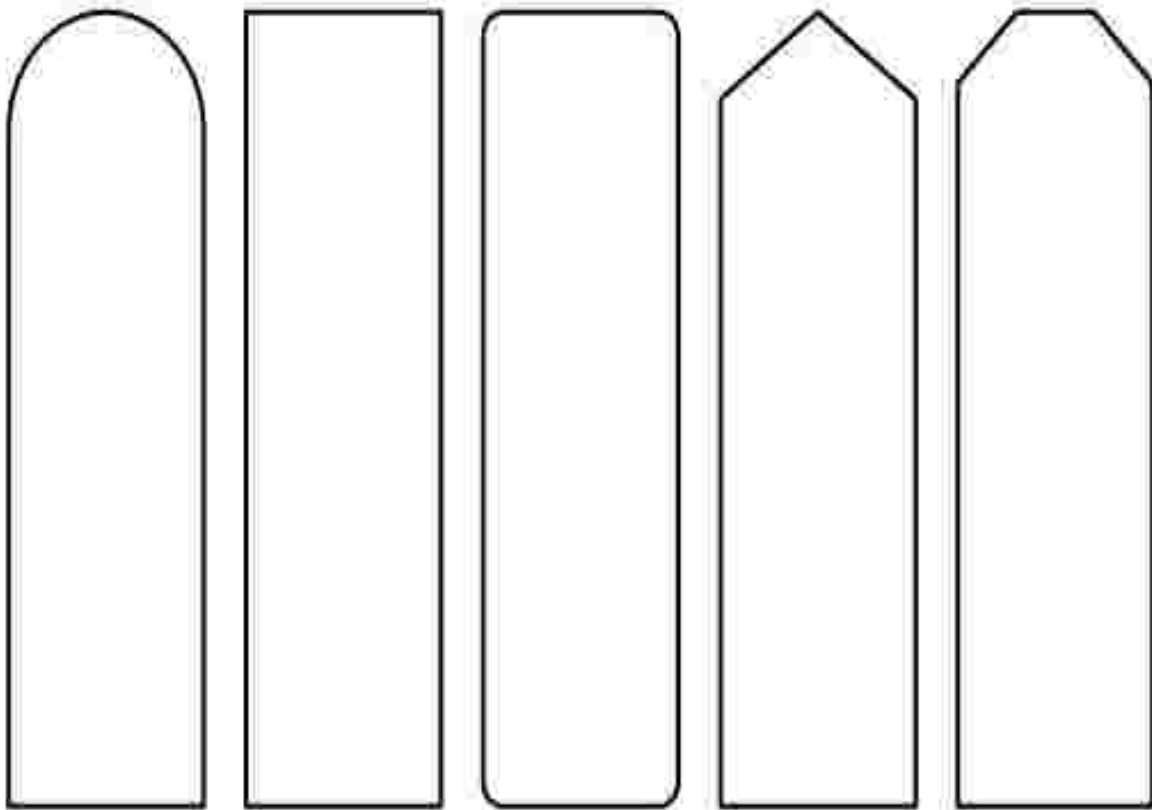
### Cut, color, and write with your child!

- ❖ **Create a library card or bookmark with your child!**
- ❖ On a piece of paper or attached handout, have your child **draw a picture and cut it out.**
- ❖ Write or help them write, “**Library Card**” if they would like to use it as a pretend library card.
- ❖ **Pretend to check books in and out** of the library. One person can be the librarian and one person can be the patron (person that goes to the library to take books out).

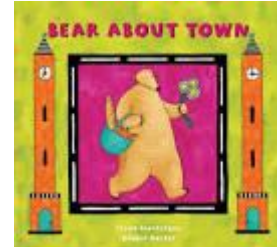
**Ask your child about the book “Lola at the Library”!**

- ❖ **Use open-ended questions** that start with, “who, what, where, why, when and how.”
- ❖ Which song does Lola love to sing at the library?” What songs are your favorite songs? Sing some of those songs today with your child.
- ❖ Who reads with Lola at bedtime? How do you think it makes her feel? Read to or tell your child a bedtime story tonight.
- ❖ Have you gone to a playgroup or story time? With who? Where did you go?

## Make your own Bookmarks



**Bear About Town**  
**By Stella Blackstone**



**Read Aloud:**

**English** <https://youtu.be/eCJj65Sp0kk>

**Spanish**

**Pashto** <https://youtu.be/u5Ls0-CYoaU>

**Dari** <https://youtu.be/5RCmzBvh1vk>

Home Learning Activities

**Go on a scavenger hunt around Lowell, like bear!**

- With your family, drive safely in a car around Lowell to visit the places bear visits. Find a gym, a building that has a pool, a movie theater and the other locations in the book.
- Take a photo out of your car window or draw a picture of you and/or bear at the different locations. Create a book, “You about Lowell,” when you get home!
- Use the checklist to mark off visiting the different places in Lowell. Visit a couple new locations.

**Go on a bear hunt around Lowell!**

- Drive around Lowell or walk around your neighborhood (a safe-distance from others) and see if you can spot any bears in windows.
- Count how many bears you see and mark them on your sheet.
- Categorize the bears you see. How many are small, medium, and large? How many are brown, cream, white, black and other colors? How many are bears and how many are other animals?

**Create a map of your house, neighborhood, or city!**

- Use a piece of paper to create a picture of your location- house, neighborhood, or city.
- Write a story about a creature and their adventures in your location.
- Hide an item in your location and use your map and story to have someone from your family find your item.

### **Move to Various Versions of Going on a Bear Hunt**

<https://www.youtube.com/watch?v=EQu5LeZuJAs>

Physical Movement: Going on a Bear Hunt video by Mother Goose Club

<https://www.youtube.com/watch?v=Ze7Lx0BL9Jk>

Jack Hartman: Going on Treasure Hunt

<https://www.youtube.com/watch?v=WzIcu6tbEko>

Raffi I'm Going On A Bear Hunt

[https://www.youtube.com/watch?v=5\\_ShP3fiEhU](https://www.youtube.com/watch?v=5_ShP3fiEhU)

Kiboomers We're going on a Bear Hunt

Learn some Bear Songs:

<https://www.youtube.com/watch?v=tjuQpTUn1so>

Hap Palmer Teddy Bear

<https://www.youtube.com/watch?v=76wc4xdgzGk>

The Kiboomers

Teddy bear, teddy bear, turn around,  
Teddy bear, teddy bear, touch the ground,  
Teddy bear, teddy bear, reach up high,  
Teddy bear, teddy bear, touch the sky,  
Teddy bear, teddy bear, bend down low,  
Teddy bear, teddy bear, touch your toes,  
Teddy bear, teddy bear, go to bed,  
Teddy bear, teddy bear, rest your head,  
Teddy bear, teddy bear, turn out the lights,  
Teddy bear, teddy bear, say "good night".

[https://www.youtube.com/watch?v=5\\_ShP3fiEhU](https://www.youtube.com/watch?v=5_ShP3fiEhU)

Kiboomers We're going on a Bear Hunt

### **Time to Come In Bear – Social Distance Story**

[https://www.youtube.com/watch?v=DA\\_SsZFYw0w&feature=youtu.be&fbclid=IwAR3j9jWWc4qiiMknZB7vLVxLxyXSxXT1wIdqM-AMcfLNDphmdr2m27TZ-b8](https://www.youtube.com/watch?v=DA_SsZFYw0w&feature=youtu.be&fbclid=IwAR3j9jWWc4qiiMknZB7vLVxLxyXSxXT1wIdqM-AMcfLNDphmdr2m27TZ-b8)



Meedy Teddy <https://www.youtube.com/watch?v=5i6P1W2GXfw>



# Bear About Town Scavenger Hunt

**Directions:**

- With your family, drive safely in a car around Lowell to visit the places bear visits in the book *Bear About Town*.
- Take a photo out of your car window or draw a picture of you and/or bear at the different locations.
- Use the checklist to mark off visiting the different places in Lowell.
- Add two of your favorite places in Lowell to the list.
- Create a book, "You About Lowell," when you get home!

Bakery

Pool

Movie Theater

Gym

Store

Park

Playground

Pick two of your favorite places in  
Lowell to add to the list.

# LET'S GO ON A BEAR HUNT!

## How To Participate:

1. Hang a bear on a door or window that can be seen from the sidewalk. This can be a stuffed bear or the attached bear coloring page. Get these hung up by Monday, April 20<sup>th</sup>.
2. Starting on Monday, April 20<sup>th</sup>, take a walk around your neighborhood hunting for bears hanging in your neighbors' windows.
3. Use the attached worksheet to keep track of all of the different bears that you find on your bear hunt.
4. Make up a story and draw an illustration about what you found on your bear hunt.



